



# *ASN Upendo Village*

**HIV/AIDS Women Project-Kenya**

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**TITLE: JULY-AUGUST 2018 BI-MONTHLY  
REPORT**

**SUBMITTED TO: UPENDO VILLAGE, NFP, USA**

**SUBMITTED BY: ASN UPENDO VILLAGE, KENYA**

**DATE: SEPTEMBER 2018**

## EXECUTIVE SUMMARY

ASN Upendo Village has continued to live by its name by providing love to the community and especially those infected and affected by HIV and AIDS.

The education department organized two academic days mainly to evaluate academic performance. The first one was held on August 14<sup>th</sup> and the second one on 21<sup>st</sup> August 2017. Sponsored pupils also reported back to school for the third term and prompt payment of their school fees and acquisition of other necessities was effected to facilitate their timely return to their respective schools and colleges/universities. Currently, the number of sponsored students under the sponsorship program is 190.

Income generating activities program issued 4 with dairy goats as the former beneficiaries of improved indigenous chicken reported that the chickens were doing extremely well. Further, the department conducted home visits to three families where they assessed their engagement and efforts in their various income generating projects.

ASN Upendo village is contributing enormously to human health. This is because, during this period, the dispensary continued providing preventive as well as curative services to both our clients as well as the general public. In addition, the social welfare department held kids club meeting in the month of August and a total of 58 children attended.

This report herein provides an in-depth description of the various activities that were carried out by the ASN Upendo Village team in different departments during the months of July and August 2018. We would like to most sincerely thank all our sponsors because it is as a result of their noble and selfless giving that the lives of people infected and affected by HIV and AIDS in Naivasha have been greatly transformed.

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## EDUCATION DEPARTMENT

During the month of August, the department organized two academic days to assess the academic performance of the sponsored pupils and students. The first academic day was held on August 14 and was meant for pupils in primary schools. A total of 62 pupils and 62 guardians attended the event. During the event, some pupils entertained the crowd and the attendees benefited from the talks given by some staff members from Upendo Village in the Social Services Department. The event culminated with a speech from Sr. Agnes Waema.



**Sister Agnes Rewarding some of the best-performing students during Academic Day I**

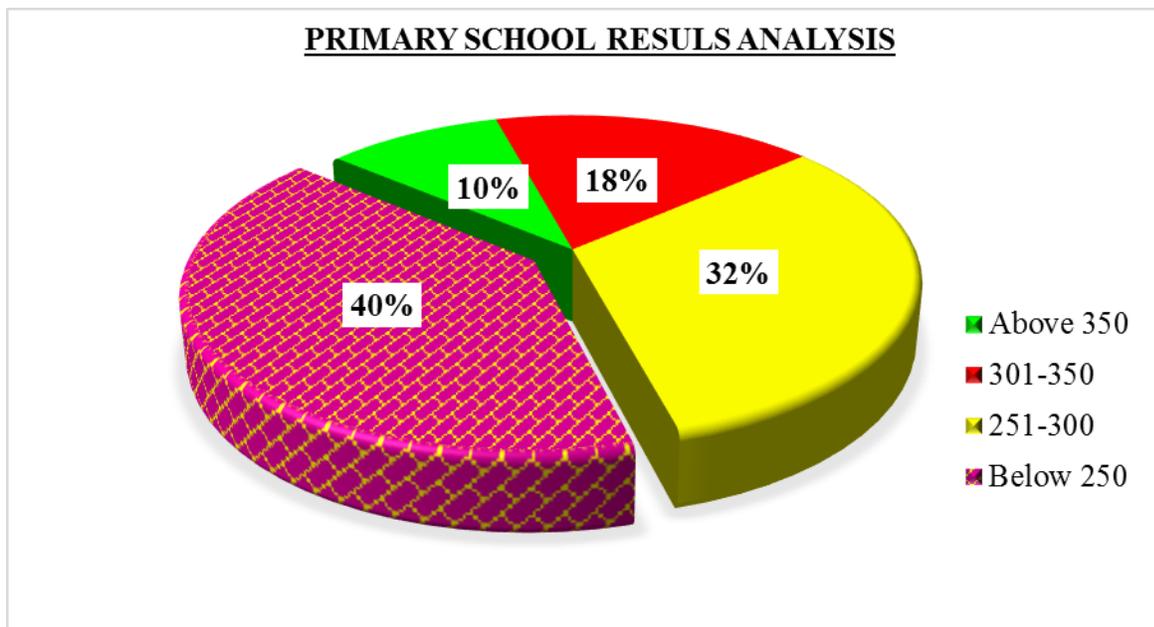


**Sr. Agnes, Samuel and Patricia posing for a photo with the best performing pupils**



**Pupils enjoying a delicious meal during an Academic Day I**

Overall, the academic performance of lower primary pupils was quite remarkable in comparison to that of upper primary pupils. A majority of pupils in the lower primary from class 1 to class 4 managed to score above 300 marks in comparison to pupils in the upper primary classes from class 5 up to class 8 where few students managed to score above 300 marks. However, there was a slight improvement in the performance of a majority of the upper primary in comparison to that of the previous term. The pie chart below summarizes the analysis of primary results.

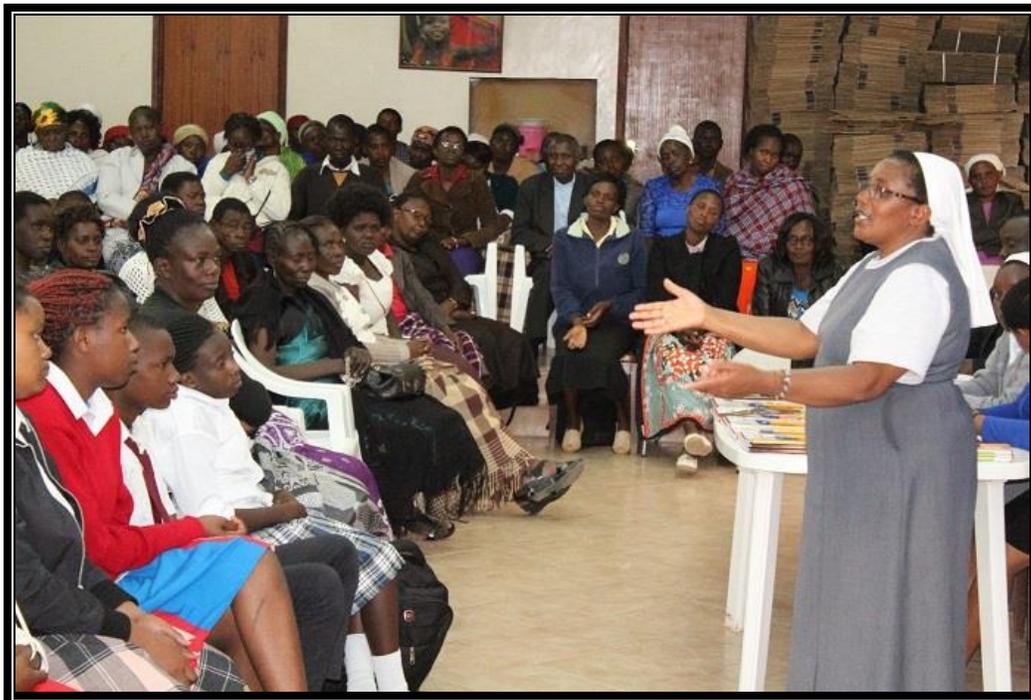


It is pleasing to note that 60% of the pupils had scored 250 marks and above with only 40% of the total primary students scoring below 250 marks out of 500 marks. The department recognized all the best-performing pupils in every class.

The second academic day was held on August 21st. The staff from ASN Upendo Village gave talks to students and pupils on: behavior change and HIV and AIDS among other topics. The Education Officer gave motivational talks to the students to encourage them to get over the challenges they face in their academics. The department had challenges getting report cards from a number of Form Four candidates owing to the fact that they had sat for a comprehensive exam which had not been marked by the time their respective schools were closing.



**Education Officer, Samuel addressing students during academic day II**



**Sister Agnes addressing students and parents/guardians during Academic Day II**



**Sister Agnes awarding some of the best performing students during Academic Day II**

The table below gives a brief description of High school performance across all forms.

MEAN GRADE	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E	Z	Total
<b>Form 1</b>	-	-	1	2	3	1	3	2	0	0	2	1	1	<b>16</b>
<b>Form 2</b>	-	1	0	0	1	0	2	1	7	0	3	0	1	<b>16</b>
<b>Form 3</b>	-	-	-	-	2	1	1	3	7	5	0	1	0	<b>20</b>
<b>Form 4</b>	-	-	-	-	1	2	0	2	1	1	2	0	6	<b>15</b>
<b>TOTAL</b>		<b>1</b>	<b>1</b>	<b>2</b>	<b>7</b>	<b>4</b>	<b>6</b>	<b>8</b>	<b>15</b>	<b>6</b>	<b>7</b>	<b>2</b>	<b>8</b>	<b>67</b>

**KEY**

Z-No results

Generally, across all forms, one student scored a mean grade of between A stand and A (minus). Further, 12 out of 16 sponsored students in Form 1 managed to score a mean grade of C (minus)

and above. Five students out of 16 in Form 2 managed to score a mean grade of C (minus) and above. Four students did not have terminal results because of a range of reasons. Nine out of 16 sponsored students in Form 3 managed to score a mean grade of C (minus) and above with 7 students scoring below a mean grade of C (minus). Moreover, 7 students out of 20 sponsored students in Form 3 managed to score a mean grade of C (minus) and above. Six Form 4 students were unable to submit their termly results because they had not been released by their respective schools. However, from the 9 who submitted their results, 5 students managed to score a mean grade of C (minus) and above, with 4 scoring below a mean grade of C (minus).

Currently, the number of sponsored students in the sponsorship program is 190. The sponsorship program is currently having 30 students at the college/university level, 68 students in high school and 63 in primary school. Last year we had 18 students who completed their high school education, 5 joined public universities with other 11 joining public colleges in late August and early September. Four students are yet to join any college for different reasons. This year we have 14 pupils in class 8 and 15 in Form 4 who are waiting to join high school and colleges/universities respectively come 2019.

## INCOME GENERATING ACTIVITIES DEPARTMENT

The program continues to empower clients and guardians to be self-reliant in order to break the cycle of poverty in their families. The income generating program empowers clients and grandmothers/guardians through projects like; dairy goats' rearing; indigenous poultry rearing; beekeeping; interest-free loans; tree planting; solar lamps and cookers. In the months under review, different activities were carried out. These are as follows:

## IMPROVED INDIGENOUS CHICKEN PROJECT

The department did not issue chickens in the months under review. However, a close track has been kept on the chickens which were issued to our clients in the previous months, with the report being that they were doing extremely well.

## HOME VISITS

During the period under review, three families were visited. In these visits, the clients were encouraged to put more efforts in their respective ventures as well as to continue living positively.

## DAIRY GOATS

During the months under review, four clients were issued with the dairy goats. Moreover, four clients reported that their goats had kidded and they are now milking an average of 1.5 liters daily. This milk acts as a source of nutritional nourishment to these clients and their families.



**Income Generating Activities Coordinator, Stephanina issuing a goat to a client.**

## SUPPORT GROUP MEETINGS

During the period under review, 421 grandmothers/guardians were taught on different topics during their meetings. They were also taught how to initiate new ways of generating income.



**Patricia addressing members of the Town Support Group in a meeting at Upendo Village**

## DEMONSTRATION GARDEN

The demonstration garden has been continuously well-managed through the Income Generating Department. Due to this, it has continued to provide vegetables, maize and fruits for the staff members.



**Eunice and Euphemia assisting in the harvesting of maize at the Demonstration Garden**



**Mwangi, Gardener irrigating kales in the Upendo Village Demonstration Garden**

## MEDICAL DEPARTMENT

During the period under review, ASN Upendo village medical facility continued to offer the following services to its clientele:

- ✚ Curative
- ✚ Preventive
- ✚ Promotive (Health messages)
- ✚ Rehabilitative health services

The table below shows the services offered in different departments for the period under review

Services Offered	July 2018	August 2018	Totals
<b>Outpatient Department (OPD)</b>	490	601	1091
<b>Child Welfare Clinic (CWC)</b>	110	83	193
<b>Antenatal Clinic (ANC)</b>	10	13	23
<b>Comprehensive Care Clinic (CCC)</b>	19	23	42
<b>Voluntary Counseling and Testing (VCT)</b>	22	15	37
<b>Laboratory Tests</b>	328	681	1009
<b>Cervical Cancer Screening</b>	0	1	1



**Pharmacist Caroline dispensing drugs to a patient at the Upendo Village Clinic**

**✚ Medical check up**

The dispensary successfully offered routine medical checkups for our sponsored children in the month of August.

**TOP TEN INSTITUTIONAL DISEASES**

1. Other diseases of the respiratory system
2. Upper respiratory tract infection
3. Diseases of the Skin
4. Neoplasms
5. Pneumonia
6. Diabetes
7. Hypertension
8. Intestinal Worms
9. Diseases of Joint
10. Injuries

## ACTIVITIES/ ACCOMPLISHMENTS

Date	Activity	Facilitator
July 31, 2018	Diabetic Neuropathy	Samuel Mbaso
August 1, 2018	Meningitis	Naomi Gaitho
August 8, 2018	Meningitis	Samuel Mbaso
August 22, 2018	Diabetic Management	Sr. Zipporah
August 29, 2018	Diabetic Management	Sr. Zipporah

## NUTRITION DEPARTMENT

ASN Upendo Village continued providing nutritional supplements to clients attending support group meetings. During the period under review, clients held their regular monthly support group meetings and were enlightened on the following areas:

- ❖ Eating well-balanced meals
- ❖ Living in a clean environment
- ❖ Proper hand washing methods and procedures

During the month of August, the department successfully fed and served a total of 450 students and their guardians who had attended academic and kids club meetings.

Through the support of the administration and other well-wishers, the department managed to feed and distribute nutritional supplements to various members of the support groups as shown below. During the month of July, we were privileged to receive a donation of 25kg maize flour, 25 kg beans and 25kg green grams from a well-wisher and also a friend of ASN Upendo Village. This donation was evenly distributed to three needy families at Upendo Village.

The department also managed to provide nutritional supplements to 33 grandmothers throughout their support group meetings.

#### SUPPORT GROUP ATTENDANCE

Name of the support group	July 2018	August 2018	Average
Mai-mahiu	46	49	48
Karai	73	65	69
Mirera	50	49	50
Town	27	32	30
<b>Total</b>	<b>197</b>	<b>195</b>	<b>197</b>



**Kids being served with a nutritious meal during Kids Club meeting.**



**Kids and parents/guardians enjoying lunch during Kids Club meeting**

## **SOCIAL WELFARE DEPARTMENT**

### **SUPPORT GROUP**

Support groups offer therapy to clients, by bringing clients together where they share their experiences and encourage each other. During the period under review, the department enrolled new clients in the support groups and kid's/ teenagers' clubs for psychosocial and nutrition support. During the period under review, the department held meetings for Prevention of Mother to Child Transmission of HIV and AIDS (PMTCT), grandmothers and other members of the four support groups. The topics covered in July and August 2018 during support group meetings the topics covered were:

1. Care of Terminally ill patients
2. Female Genital Mutilation (FGM).s



**Sr. Zipporah giving a talk to the members of Karai Support Group at Upendo Village**

## GRANDMOTHERS PROJECT

Grandmothers meet and they share their experiences with the fundamental goal being to empower and educate them to realize their full potential to be able to generate income as they bring up the orphans. They receive social support and share their experiences of bringing up the orphans among them HIV positive children. The members meet every second Friday and third Wednesday of the month to share and encourage each other. The members have shown a lot of punctuality, cooperation and hard work. They have been grateful for the continued support accorded to them. During the two months, the following topics were covered in the meetings;

- Care of Terminally ill patients
- Female Genital Mutilation (FGM)



**Sr. Zipporah offering a talk to grandmas in a meeting at Upendo Village**

## KIDS AND TEENAGERS CLUB

Kids Clubs provide a safe space for the children to build their confidence and develop a support network. From topics such as child rights and protection to gender-based violence and nutrition, project staff use song, dance, and sport to facilitate learning.

On 7<sup>th</sup> August 2018, the department held kids club meeting for HIV positive children, teenagers and their guardians. The meeting was attended by **58** kids and teenagers and **45** parents/guardians.



**Kids enjoying nutritious porridge during the Kids Club meeting**

The small kids did some **drawings** guided by Lilian Maua while the teenagers, guided by Rosemary Wambui were taken on the topic of **dealing with anxiety and developmental changes**. The parents/guardians guided by Brigid Muasa covered the topic of **help for parents with troubled teens**. Stephanina gave a word of encouragement to the kids, teenagers and guardians.



**Lilian Maua guiding kids to make their drawings during the Kids Club meeting**



**Rosemary Wambui (pointed) talking to kids and teenagers during the Kids Club meeting**

## ENROLMENT OF NEW CLIENTS

During the period under review, the Social Welfare Department enrolled/ registered the following number of clients:

Clients	July	August	Cumulative
<b>HIV positive women</b>	8	6	2,318
<b>HIV positive men</b>	0	0	785
<b>HIV positive children</b>	1	0	354
<b>Household members</b>	4	1	3,042
<b>Orphan vulnerable children</b>	18	15	6,709

## DONATION

Towards the end of July 2018, the department received 500 Tins of Infacare 1 milk from Beta HealthCare Pharmaceuticals. Further, the department also received a donation of clothes from a Prison Director on 15<sup>th</sup> August 2018. These donations were distributed to clients who were in much need of them. The beneficiaries of these donations were delighted to receive them.



**Brigid Muasa (seated at the center) poses for a photo with the beneficiaries of the Infacare 1 donation at Upendo Village**

### PREVENTION OF MOTHER TO CHILD TRANSMISSION OF HIV AND AIDS (PMTCT)

Since its inception, this program has so far benefitted **391** children, all exposed to the danger of HIV and AIDS with infant formula milk. During the period under review, we had **8 babies on formula milk**. During the same period, (2) babies (Meghan Wanjiru & Humphrey Omuchi) were weaned. In the PMTCT meetings held in July and August 2018, the following topics were covered

1. Child Development Milestones (0-1 year)
2. Psychosocial Stages of Development (0-5 years).



**Sr. Zipporah and Brigid (left) pose for a photo with PMTCT mothers/children after issuing them with Infacare milk.**

## HOME VISITS

The department conducted **15 home visits** during the period under review, among the people visited were Magdalene Muini, Ruth Gathoni and Terence Swanapole who were all unwell. Magdalene was admitted at Naivasha Hospital with a body fluids-related condition while Ruth Gathoni had a Diabetes-related issue. The other client, Terence had been admitted to Mount Longonot Hospital, Naivasha. We are happy that they are all recuperating well.